

Toby R. Meltzer, M.D., P.C.
Smoking Policy

Do you presently smoke? _____NO _____YES

If Yes, for how long and how much:

Please carefully read, complete and return the policy regarding smoking below:

Smoking:

Dr. Meltzer reserves the right to cancel your procedure if you are a smoker. This policy is designed to protect you - the patient. Patients who smoke are at a very high risk for poor or failed results. The sooner one quits the better, but you should quit for a minimum of 4 weeks prior to surgery. Furthermore, he requires that patients do not begin smoking for a minimum of four weeks after surgery. You will need to sign and date the attached smoking policy showing that you understand the risks associated with smoking. This form is due with your final payment.

SMOKING/SECONDARY SMOKE

Smoking and secondary smoke affect wound healing in a potentially very devastating way. Any exposure to smoke, either directly or indirectly can result in poor wound healing, delayed wound healing, skin loss necessitating skin grafting, increased risk in wound infection and loss of skin and deeper tissues, all resulting from decreased blood supply to those areas. The diminished blood flow to skin wound edges can cause the breakdown of skin and scabbing.

It is important to note that discontinuing smoking reduces these risks, but does not eliminate them. The damage done to your blood supply can never be completely reversed, no matter how far in advance you quit. However, quitting can reduce the risks. If you are smoking or are in contact with significant secondary smoke within one (1) month of surgery, I reserve the right to cancel your surgery.

I have read the above information and have been informed of the issues of primary and secondary smoke.

Signature: _____

Printed Name: _____

Date: _____